



GLUTEN-FREE LUNCH MENU

SOUPS AND SALADS

Chicken Soup with Tortilla Chips *avocado, tomatoes, corn, cheese, chilis & lime* **6.**

Seasonal Butternut Squash Soup *butternut squash, crème fraiche, scallions* **6.**

House Field Green Salad *tomatoes & white balsamic vinaigrette* **6.**

Spinach Salad *red onion, egg, bacon vinaigrette* **9.**

House Made Fresh Mozzarella Salad *sliced tomatoes, basil oil, & balsamic vinegar reduction* **8.**

ENTREES

Sciabica Family Basil Olive Oil Poached Wild Gulf Shrimp
chilled white bean salad, greens & tomatoes, balsamic drizzle **9.**

Noodle Bowl *rice noodles, shrimp, chicken, bok choy, chinese five spice chicken broth** **11.**

Hanger Steak Salad *mixed greens, grilled portabellas, red onion, tomatoes, sweet potato chips, white balsamic vinaigrette** **11.**

Maple Grilled Salmon Salad *maple-glazed salmon filet, field greens, key lime vinaigrette** **11.**

Blackened Mahi-Mahi Tacos *soft corn tortillas, spicy red cabbage, citrus sauce** **10.**

Grilled Hanger Steak & Frites *asparagus, chimmi churri sauce* **12.**

SIDES 3.50

Green Beans, Black Beans & Rice, Fresh Fruit Salad, Cucumber Salad, Grilled Asparagus, Sauteed Spinach, Seasonal Vegetables, Baby Bok Choy, French Fries, Fingerling Potatoes, Tuscan White Bean Salad